Setting SMART Goals

Your chance of success will increase when your goals are:

**S**pecific: what exactly do you want to achieve?

**M**easureable: how will you know when you’d completed the goal?

**A**greed upon: does your leader or family agree with your goal?

**R**ealistic: do you have the capacity and support to meet this goal?

**T**imed: When will you begin and when will you finish?

Ask yourself the following questions about every goal:

* What is it that I want?
* What is it about this goal that gives me energy?
* What is my motivation?
* What are the obstacles I can identify?
* What actions will I take to overcome obstacles?
* When will I accomplish this goal?

The answers to these questions will provide the content for the goals section of your employee development plan.